Flying at 80!
80 year old celebrates birthday by joining the circus
at City Museum / Nov. 11, 2006 / 7:45 PM

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Elizabeth “Bunny” Herring has decided on an unusual way to celebrate her 80th birthday--- she’s going to run away and join the circus. Actually, this is something she did 62 years ago. As an 18 year old St. Louis debutante, Bunny joined Ringling Bros. Barnum & Bailey Circus to be a show girl. Now, she’s doing it again!

For her 80th birthday celebration, Bunny will be performing on the aerial lyra--- a circular trapeze. She has been training at City Museum with Jessica Hentoff, director of the Circus Day Foundation. Circus Day is St. Louis’ only year-round circus school. “Bunny is in amazing shape!” said Jessica. “She can still do a side split and touch her nose to her knees! We just worked on building up her strength and helping her get used to spinning in mid-air.”

The other unique and positive aspect of Ms. Herring’s birthday is that she has asked her guests to “give now rather than after I’m gone.” Guests are encouraged to donate to Bunny’s two favorite non-profit arts organizations--- Circus Day Foundation and Prison Performing Arts. Circus Day is a social circus organization that uses circus arts to “teach the art of life through circus education.” Their youth circus performers, the St. Louis Arches, can be seen regularly at City Museum, with Circus Flora and at other venues. Prison Performing Arts “fosters individual and social change by providing current and former inmates opportunities to participate in the performing arts.” Bunny serves on the Board of Prison Performing Arts and will also be reciting a Shakespeare soliloquy at her party.

Bunny has a tattoo on her ankle that sums up her exceptional approach to life. It says: Esse Quam Videre which translates “To be rather than to seem.” Happy Birthday Bunny! May we all be flying so high and doing so much at 80 years old!

What: 80 year old performs aerial circus act to celebrate birthday
Where: City Museum (701 N. 15th St., 3rd floor circus ring)
When: Saturday, November 11, 2006 at 7:45 PM
More Info: Call 314-226-3636

Circus Day Foundation teaches the art of life through circus education. Circus Day uses circus arts to build character in individuals and to build bridges between communities. For more information, visit www.circusday.org Support for Circus Day Foundation has been provided in part by the Cirque Du Soleil, City Museum, Regional Arts Commission, Dana Brown Charitable Trust, Missouri Arts Council (a state agency), Cardinals Care, Trio Foundation of St. Louis, Boeing Employee Fund, Sara Lee Bakery Group, DCA Family Foundation, Ameren UE, Alan Slifka Foundation, everydaycircus, American Youth Circus Organization, KETC Ch. 9 and donors like you. To find out more about Circus Day Foundation’s shows and classes visit www.circusday.org.

“We teach the art of life through circus education.”
80 year old Elizabeth “Bunny” Herring practices on the lyra under the watchful eye of Circus Day Foundation director, Jessica Hentoff.